

Final Timetable - Date 21-May-2025

Time	Men	Women	MY U20	WY U20	MYU18	WYU18	MYU16	WYU16
10:00	110mH					High Jump ⁺	Shot put ⁺	Discus ⁺
10:05							Javelin ⁺	Long Jump 3 ⁺
10:10			110mH					
10:20		Triple Jump ⁺		Triple Jump ⁺	100mH	Triple Jump ⁺		
10:40		100mH		100mH				
10:50						100mH		
11:00							Discus ⁺	Shot put ⁺
11:10							100m Final ⁺	
11:15								Javelin ⁺ 100m Final ⁺
11:20					High Jump ⁺			
11:25	Ceremony #1							
11:35					100m heat ⁺		Long Jump 3 ⁺	
11:50			100m heat ⁺					
12:00					Discus ⁺	Shot put ⁺		
12:05	100m heat ⁺							
12:30	Triple Jump ⁺		Triple Jump ⁺		Triple Jump ⁺	100m heat ⁺		
12:35		Javelin ⁺						
12:50	High Jump ⁺		High Jump ⁺	100m heat ⁺				
13:00		100m heat ⁺		Long Jump 3 ⁺				
13:05								
13:10					Shot put ⁺	Discus ⁺		
13:20	Ceremony #2							
13:30					100m Final			
13:35			100m Final					
13:40						100m Final		
13:45				100m Final				
13:45	Main program: Opening							
14:00	400m Race Runners (Race-Runner + Wheelchair user run, Participation of other athletes possible)							
14:00		Long Jump 1 ⁺ Long 2 >5,0m						
14:15	*100m F A+B					Javelin ⁺		
14:25		*100m F A+B						
14:30	Shot put ⁺	Discus ⁺	Shot put ⁺	Discus ⁺				
14:40	Ceremony #3							
14:50	*400m	High Jump ⁺		High Jump ⁺				
15:10					400m			
15:20	*Long Jump 2 ⁺	*400m	Long Jump 1 ⁺			400m		
15:40	Ceremony #4							
15:50	800m ⁺							
15:55		800m ⁺						
16:00			800m ⁺		800m ⁺			
16:05				800m ⁺	Javelin ⁺	800m ⁺		
16:05	Discus ⁺	Shot put ⁺	Discus ⁺	Shot put ⁺				
16:10	Ceremony #5							
16:20	4x100m		4x100m		4x100m			
16:40		4x100m		4x100m		4x100m		
16:45					Long Jump 2 ⁺	Long Jump 1 ⁺		
16:55	Ceremony #6							
17:05	200m ⁺							
17:25	Javelin ⁺							
17:35		200m ⁺						
17:35	Hammer	Hammer	Hammer	Hammer	Hammer	Hammer		
17:55					200m ⁺			
18:10						200m ⁺		
18:20	Ceremony #7							
18:35	400mH							
18:45		400mH						
19:00	1500m ⁺		1500m ⁺		1500m ⁺			
19:10		1500m ⁺		1500m ⁺		1500m ⁺		
19:20		4x400m						
19:30	Ceremony #8							

*TOP Competition / * Competitions where inclusion is possible, for 100m, this is also a final run

For 100m-Finals Men/Women/U20/U18 the winner of the heats and fastest in time are qualified. All other runs are final runs.