

Timetable Ludwig-Jall Meeting final

Time	Men	Women	MY U20 05/06	WY U20 05/06	MYU18 07/08	WYU18 07/08	MYU16 09/10	WYU16 09/10
10:00	110mH					High Jump ⁺	Shot put ⁺	Discus ⁺
10:05			110mH				Javelin ⁺	Long Jump 3+4 ⁺
10:20					110mH			
10:35		100mH		100mH				
10:55						100mH		
11:00		Triple Jump ⁺		Triple Jump ⁺		Triple Jump ⁺	Discus ⁺	Shot put ⁺
11:15							100m final ⁺	
11:20			High Jump		High Jump ⁺			
11:20	Ceremony #1							
11:25								100m final ⁺
11:25								Javelin ⁺
11:45					100m heat ⁺		Long Jump 3+4 ⁺	
11:55			100m heat ⁺					
12:00					Discus ⁺			
12:05	100m heat ⁺							
12:10						Shot put ⁺		
12:15	Ceremony #2							
12:20	Triple Jump ⁺		Triple Jump ⁺		Triple Jump ⁺			
12:30						100m heat ⁺		
12:35								
12:50				100m heat ⁺				
13:00	High Jump ⁺	100m heat ⁺				Javelin ⁺		
13:05						Discus ⁺		
13:15	Ceremony #3							
13:20					Shot put ⁺			
13:25					100m Final			
13:30			100m Final	Long Jump 1 ⁺				
13:35						100m Final		
13:40		Long Jump 2 ⁺		100m Final				
13:45	Main Programm: Opening							
14:00	400m Frame Runners (Frame-Runner + Wheel Chair Run)							
14:00		Discus ⁺		Discus ⁺				
14:15	*100m F A+B	Javelin ⁺						
14:25		*100m F A+B						
14:30	* Shot put ⁺		Kugel ⁺					
14:35	Ceremony #4							
14:45					400m			
14:50		High Jump ⁺		High Jump				
14:55	*400m							
15:05			Weit 1 ⁺					
15:10						400m		
15:15	Discus ⁺		Discus ⁺					
15:20		*400m						
15:30	*Long Jump 2 ⁺				Javelin ⁺			
15:40	Ceremony #5							

Time	Men	Women	MY U20 05/06	WY U20 05/06	MYU18 07/08	WYU18 07/08	MYU16 09/10	WYU16 09/10
15:40	800m ⁺		800m ⁺		800m ⁺			
15:50		800m ⁺		800m ⁺		800m ⁺		
15:55		Shot Put ⁺		Shot Put ⁺				
16:00	Ceremony #6							
16:15	4x100m		4x100m		4x100m			
16:20						Long Jump 1 ⁺		
16:30		Hammer		Hammer		Hammer		
16:35		4x100m		4x100m		4x100m		
16:45	Javelin ⁺							
17:00	Ceremony #7							
17:05					Long Jump 2 ⁺			
17:15	200m ⁺							
17:40					200m ⁺			
17:45	Ceremony #8							
17:50		200m ⁺						
18:00	Hammer		Hammer		Hammer			
18:10						200m ⁺		
18:25	Ceremony #9							
18:30	1500m ⁺		1500m ⁺		1500m ⁺			
18:45		1500m ⁺		1500m ⁺		1500m ⁺		
19:00	4x400m M/F Mixed							
19:00	Ceremony #10							

*TOP Competition

+ Competitions where inclusion is possible, for 100m, this is also a final run

For 100m-Finals Men/Women/U20/U18 the winner of the heats and fastest in time are qualified.

All other runs are final runs.